



# Trinity Pioneer

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ACCOUNTABLE CARE ORGANIZATION

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UnityPoint Clinics , Executive Sponsor ACO



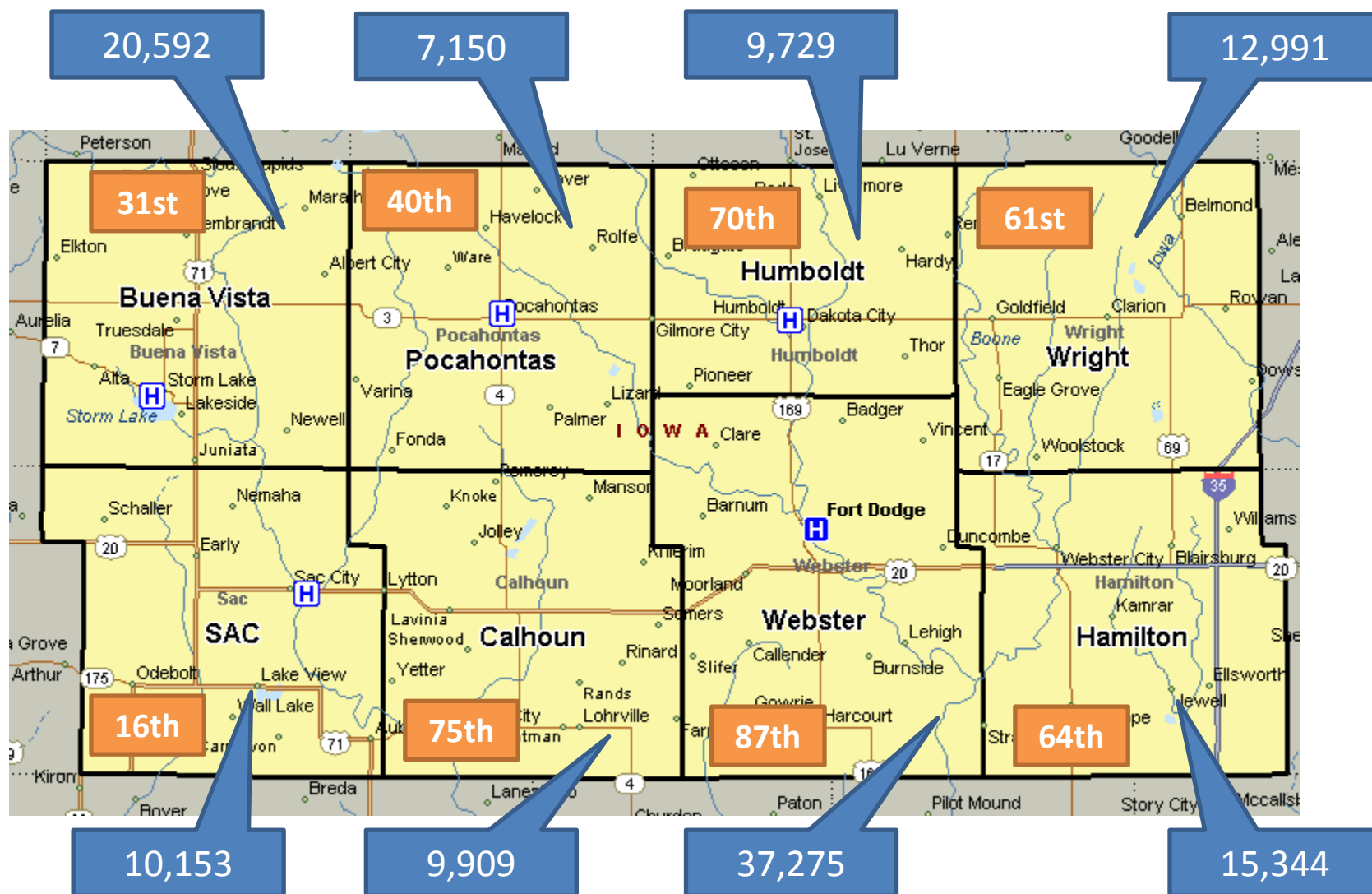
## Study Committee Charge

- Review and make recommendations for the formation and operation of integrated care models in Iowa;
- Review integrated care models adopted in other states that integrate both clinical services and nonclinical community and social supports utilizing patient-centered medical homes and community care teams;
- Recommend the best means of incorporating into integrated care models nonprofit and public providers that care for vulnerable populations;
- Review and make recommendations regarding development and implementation of a statewide medical home infrastructure to act as the foundation for integrated care models;
- Review opportunities under the federal Affordable Care Act for development of integrated care models;
- Address consumer protection, governance, performance standards, data reporting, health information exchange, patient attribution, and regulation issues relative to integrated care models; and perform other duties specified in the legislation.



# UnityPoint Health – Fort Dodge







# Model for Trinity Pioneer ACO – Achieving our Aim

AIM: Leverage every aspect of our “community” to achieve Best Outcome for Every Patient Every Time

## Primary Care Community

Primary Drivers

Secondary Drivers

Promote and Maintain Health

Prevent Illness and Disability

Provide a Coordinated Care Experience

Manage Population Health

Support Choice Through the Lifespan

- Health-Risk Assessment
- Iowa’s Healthiest State initiative
- Preventive screening
- Health Education and Literacy
- Wellness Program

- Patient access to PCP
- Patient Centered Medical Homes
- Common screening and assessment tools
- Single, patient-centric care plan
- Med Therapy Management
- Mental Health Action Team

- Care transitions – Extended Care Facilities
- Common Chronic Disease Management (ICCDM) – all care settings
- Advanced Medical Team Navigators
- Telehealth
- Strategic Healthcare Partners
- Critical Access

- Risk stratification
- Med Therapy Management
- Disease Management Coaching
- Strategic Community Partners

- Palliative Care:
- Inpatient
  - Home-based
  - Clinic
  - Integration with PCP
- Hospice:
- Hospice Home
  - Home-based



## Developing Strategic Partnerships

Readiness to Change



Capacity to Risk



Skill in Collaboration Teams



Commitment Over Time



Enthusiasm to Innovate



Ability to Learn and Deploy



**Strong Strategic Partner**

***Public Health / LTC / Critical Access Hospitals***



## Integration – Speaking a Common Language

Steering Committee  
Promote/Maintain Health

TRINITY PIONEER  
ICCDM, HRA

Webster Co Health Dept.  
Better Choices Better Health

Prevent Illness/Disability

MY CARE PROFILE

Standardized PH assessments

Coordinate Care Experience

UNITY POINT AT HOME  
MTM  
ER DISCHARGE

Health Promotion/Health  
Maintenance/PH visits

Manage Population Health

LONG TERM CARE  
READMISSION WORK  
TELEPHONIC DISEASE  
MGMT

Linking to “Other” PH  
programs: WIC, Maternal Child  
Health, Tobacco,  
Environmental Health,  
Community Transformation,  
BASICS, Senior Health

Support Choice through  
lifespan

AMT  
PALLIATIVE CARE



# 2011 Integration Year 1-Listened/Learned

- Pioneer planning meetings held weekly with participants and potential partners
- Public Health educated physicians and providers about the breadth and capacity of services available
- Community transformation grant was awarded to Webster County
- **Ah-Ha Moment**
- Public Health was initiating and coordinating several counties through the Maternal/Child Health program
- Trinity approached Public Health to provide input into Pioneer application
- Pioneer awarded to UnityPoint
- Webster County Health Department formally invited to sit steering and work groups in the Pioneer





## Integration Year 2

### Integration/Communication

- WCHD serves on several ACO committees to provide “population” input
- Pediatric Providers integrated a care coordination system with the Maternal/Child Health Title V Program
- Continuum of care for the client - guidance of public health
- ICCDM and Better Choices Better Health
- My Care Profile – standardized public health assessments
- Unity Point at Home – Public health home visitation programs
- **Commonwealth Institute Assessment – New Perspective**
- Regional approach to integrate services - Public Health Summit
- Continued communication of public health programs integrated into care of the population – Smoking Cessation Programs
- Pioneer ACO mission/vision - Discussed with Local Board of Health



# **Integration Year 3**

## **Communication and Integration of a structure/system**

- Continued committee meetings and sub-committee meetings
- Integrated Health Home “model”
- Asthma Project with primary care providers, school system, public health
- ER Discharge/Readmissions - connecting to public health programs
- Discovered a barrier for some clients to receive immunizations - Coordinated Adult Immunizations/ Hep A & B through public health
- Tobacco screenings - Tobacco Cessation Intervention
- Non-threatening regional approach to integrate strategies outside of Webster County
- ICCDM within Pioneer ACO - Public health trained neighboring counties in the Better Choices Better Health curriculum
- Interfacing software to communicate between public health (possibly regionally) and primary care providers .
- Tri-Navigation Initiative – PCP Navigator, Mental Health Navigator and public health navigator



# Lessons Learned – Strategic Alignment

- It is NOT business as usual
- It is NOT a program
- Evolutionary process - continuous
- Ask questions
- Keep everyone informed of the vision/mission
- Continually analyze: structure, capacity, workforce, partners
- Take advantage of opportunities
- Communicate, communicate, communicate
- What is best for the patient/client is your goal
- Silo's are not allowed



## **“Take Away” Statements**

- It is a structure with mutual accountability to the patient/client
- Relationships needed for integration take time
- Prescriptive and Rigid rule making kills innovation
- Resources at hand determine speed of innovation
- Everyone will not have insurance ~ there will still be barriers to health care coverage and barriers to access
- Pioneer provides a learning model